



XXXVII CENTRAL COACH SEMINAR OF THE CROATIAN HANDBALL FEDERATION



Umag, Croatia, May 10th –12th 2013
Sports Hall Stela Maris, Umag



SCHEDULE

TOPICS / LECTURERS

May 10, 2013, Friday

10:00

SEMINAR OPENING CEREMONY

10:15-11:30

Refereeing handball matches
Lecturer: Josip Posavec

11:45-13:00

Specificities of 5:1 defence (French handball school)
Lecturer: Guy Petitgirard

13:15-14:30

Selection and methods of teaching various wingers' shots
Lecturer: Željko Babić

14:30-16:30

LUNCH BREAK

2013 CROATIAN HANDBALL CUP

THE MEN SEMI-FINAL MATCHES & THE WOMEN FINAL MATCH

May 11, 2013, Saturday

9:00-10:15

Innovations in training process and periodization of top-level teams
Lecturer: Dragan Adžić

10:30-11:45

New trends in 6:0 defence development
Lecturer: Dragan Adžić

12:00 -13:15

Elite goalkeepers' preparation
Lecturer: Vlatko Đonović

13:30-15:00

Specificities of technical-tactical preparation of younger age categories (French handball school)
Lecturer: Guy Petitgirard

15:00-18:00

LUNCH BREAK

THE FINAL MATCH OF THE 2013 CROATIAN HANDBALL CUP FOR MEN

May 12, 2013, Sunday

9:30-10:45

Physical conditioning of younger age categories with the accent on agility development through SAQ method
Lecturer: Bojan Golub

11:00-12:15

Complex training in handball
Lecturer: Neven Hrupec

12:30

SEMINAR CLOSING AND DISTRIBUTION OF COACH LICENCES