



1st SEMINAR FOR THE CHF COACHES OF GOALKEEPERS

Kaštelir, 21st May 2026

	Sports Hall Kaštelir
SCHEDULE	DATE / TOPICS / LECTURERS
	21st May 2026, Thursday
16:00-17:15	Methods of work with young goalkeepers Lecturer: Valter Matošević
17:30-18:15	Basic principles of goalkeeper's positioning Lecturer: Ivan Stevanović
18:30-19:45	Positioning of goalkeepers relative to specific movements of attackers Lecturer: Ivan Stevanović

***49th CENTRAL SEMINAR FOR THE CHF COACHES AND FOR THE
 EHF PRO LICENCE RENEWAL
 Poreč, Croatia, 22nd to 24th May 2026***

	Sports Hall Žatika, Poreč
SCHEDULE	DATE / TOPICS / LECTURERS
	Friday, 22nd May 2026
8:45	SEMINAR OPENING CEREMONY
9:00-10:30	Methods of work with the pivots Lecturer: Andrija Nikolić
10:45-12:00	Specificities of defenders' movements in 5 : 1 formation and transition into attacking activities Lecturers: Dagur Sigurdsson and Denis Špoljarić
12:15-13:45	Basic physical conditioning for players aged 16-18 years Lecturer: Šime Tomašević
	Saturday, 23rd May 2026
9:00-10:00	Communication as the basis for psychological resilience of a handball team Lecturer: Renata Barić
10:15-11:45	Basic and specific technical-tactical skills and knowledge indispensable for defenders' individual play Lecturer: Nenad Zvonarek
12:00-13:30	Shoulder and knee injury prevention in handball Lecturer: Jesper Bencke



HRVATSKI RUKOMETNI SAVEZ - UDRUGA TRENERA
CROATIAN HANDBALL FEDERATION - COACHES ASSOCIATION

Metalčeva 5, 10000 Zagreb
Republika Hrvatska
IBAN: HR6823600001500046528
www.uhrt.hr

Sunday, 24th May 2026	
9:00-10:15	Methods for teaching players to play in deep/open proactive defences Lecturers: Ivan Jerković and Ante Burger
10:30-12:00	Technical-tactical characteristics of the approach/run-up as an important element for the development of attacking activities Lecturer: Nenad Zvonarek
12:15-13:45	Continuous movement of attackers through elements of group tactics Lecturers: Frano Veraja and Branimir Kutnjak
13:50	SEMINAR CLOSING

Seminar Manager
Lidija Bojić-Ćaćić, Ph.D.